STUDENT NAME _____ STUDENT ID _____

Log of Physical Activity
To Meet Middle School Physical Education Requirement

After participating in an activity, document the dates of the week, activity, and time spent in the activity. This log must be returned to the front office. The student must participate in 75 hours of organized physical activity supervised by a coach or instructor. Directed athletics and activities must comply with parameters established by the Everett Public Schools' policies and procedures. Certain hazardous activities are prohibited. The district has the right to reject any activity that is judged to be unsafe.

Use multiple forms if necessary.

Dates	**Activity**	**Amt. Time** (Minutes)		**Dates**	**Activity**	**Amt. Time** (Minutes)
	TOTAL MINUTES				**TOTAL MINUTES**	

Student Signature_____

Parent/Guardian Signature_____

Coach/Advisor Signature_____